

God's Loving Discipline

THE
FAITH FIT
LIFE

Hebrews 12:3-13

God's Loving Discipline

Hebrews 12:3-13

³ For consider him who endured such hostility from sinners against himself, so that you won't grow weary and give up. ⁴ In struggling against sin, you have not yet resisted to the point of shedding your blood. ⁵ And you have forgotten the exhortation that addresses you as sons: **My son, do not take the Lord's discipline lightly or lose heart when you are reproved by him,** ⁶ for the Lord disciplines the one he loves and punishes every son he receives.

THE FAITH
FIT LIFE

God's Loving Discipline

Hebrews 12:3-13

⁷ Endure suffering as discipline: God is dealing with you as sons. For what son is there that a father does not discipline? ⁸ But if you are without discipline—which all receive—then you are illegitimate children and not sons. ⁹ Furthermore, we had human fathers discipline us, and we respected them. Shouldn't we submit even more to the Father of spirits and live?

THE FAITH
FIT LIFE

God's Loving Discipline

Hebrews 12:3-13

¹⁰ For they disciplined us for a short time based on what seemed good to them, but he does it for our benefit, so that we can share his holiness. ¹¹ No discipline seems enjoyable at the time, but painful. Later on, however, it yields the peaceful fruit of righteousness to those who have been trained by it. ¹² Therefore, strengthen your tired hands and weakened knees, ¹³ and make straight paths for your feet, so that what is lame may not be dislocated but healed instead.

THE FAITH
FIT LIFE

God's Loving Discipline

It Could Be Worse

Hebrews 12:3

For consider him who endured such hostility from sinners against himself, so that you won't grow weary and give up.

THE FAITH
FIT LIFE

God's Loving Discipline

It Could Be Worse

Hebrews 12:4

In struggling against sin, you have **not yet** resisted to the point of shedding your blood.

THE FAITH
FIT LIFE

God's Loving Discipline

It Could Be Worse

SOURCES OF SUFFERING

A Fallen World
Poor Choices
The Devil
Evil People

THE FAITH
FIT LIFE

God's Loving Discipline

The Father Only Disciplines His Children

Hebrews 12:6-7

⁶ **for the Lord disciplines the one he loves and punishes every son he receives.** ⁷ Endure suffering as discipline: God is dealing with you as **sons**. For what son is there that a father does not discipline? ⁸ But if you are without discipline—which all receive—then you are illegitimate children and not sons.

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God's Loving Discipline

The Father Only Disciplines His Children

You Are Reproved

Hebrews 12:5-6

⁵ And you have forgotten the exhortation that addresses you as sons: **My son, do not take the Lord's discipline lightly or lose heart when you are reproved by him,** ⁶ for the Lord **disciplines** the one he loves and **punishes** every son he receives.

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FIT LIFE

God's Loving Discipline

The Father Only Disciplines His Children

You Are Disciplined

Hebrews 12:5-6

⁵ And you have forgotten the exhortation that addresses you as sons: **My son, do not take the Lord's discipline lightly or lose heart when you are reproved by him,** ⁶ for the Lord **disciplines** the one he loves and **punishes** every son he receives.

THE FAITH
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God's Loving Discipline

The Father Only Disciplines His Children

You Are Punished

Hebrews 12:5-6

⁵ And you have forgotten the exhortation that addresses you as sons: **My son, do not take the Lord's discipline lightly or lose heart when you are reproved by him,** ⁶ for the Lord **disciplines** the one he loves and **punishes** every son he receives.

THE FAITH
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God's Loving Discipline

God's Discipline Helps You

Hebrews 12:11

No discipline seems enjoyable at the time, but painful. Later on, however, it yields the peaceful fruit of righteousness to those who have been **trained** by it.

THE FAITH
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God's Loving Discipline

Don't Quit

Hebrews 12:12-13

¹² Therefore, strengthen your **tired hands** and **weakened knees**, ¹³ and make straight paths for your **feet**, so that what is **lame** may not be dislocated but healed instead.

THE FAITH
FIT LIFE