

# The Faith Workout

THE  
FAITH FIT  
LIFE

*Hebrews 13:1-4*

# The Faith Workout

Hebrews 13:1-4

<sup>1</sup> **Let brotherly love continue.** <sup>2</sup> Don't neglect to show hospitality, for by doing this some have welcomed angels as guests without knowing it. <sup>3</sup> Remember those in prison, as though you were in prison with them, and the mistreated, as though you yourselves were suffering bodily. <sup>4</sup> Marriage is to be honored by all and the marriage bed kept undefiled, because God will judge the sexually immoral and adulterers.

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## Hospitality

*Hebrews 13:2*

*Don't neglect to **show hospitality**, for by doing this **some have welcomed angels as guests without knowing it.***

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## Compassion

*Hebrews 13:3*

*Remember **those in prison**, as though you were in prison with them, and **the mistreated**, as though you yourselves were suffering bodily.*

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## Compassion

*Matthew 25:35-40*

*<sup>35</sup> “‘For I was hungry and you gave me something to eat; I was thirsty and you gave me something to drink; I was a stranger and you took me in; <sup>36</sup> I was naked and you clothed me; I was sick and you took care of me; I was in prison and you visited me.’*

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## Compassion

*Matthew 25:35-40*

*<sup>37</sup> “Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? <sup>38</sup> When did we see you a stranger and take you in, or without clothes and clothe you? <sup>39</sup> When did we see you sick, or in prison, and visit you?’*

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## Compassion

*Matthew 25:35-40*

*40 “And the King will answer them, ‘Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.’*

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## Commitment and Purity

*Hebrews 13:4*

*Marriage is to be honored by all and the marriage bed kept undefiled, because God will judge the sexually immoral and adulterers.*

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## Commitment and Purity

Matthew 19:4-6

*4 “Haven’t you read,” he replied, “that he who created them in the beginning made them male and female, 5 and he also said, ‘For this reason a man will leave his father and mother and be joined to his wife, and the two will become one flesh’? 6 So they are no longer two, but one flesh. Therefore, what God has joined together, let no one separate.”*

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## Commitment and Purity

*Hebrews 13:4*

*Marriage is to be honored by all and **the marriage bed** kept undefiled, because **God will judge the sexually immoral and adulterers.***

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A silhouette of a person running, captured in a dynamic pose with arms and legs in motion. The figure is set against a solid blue background, creating a high-contrast, energetic visual. The person appears to be wearing a tank top and shorts.

Hospitality

Compassion

Commitment and Purity

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