



## The Subject of the Sabbath

Matthew 12:1-14

<sup>1</sup>At that time Jesus passed through the grainfields on the Sabbath. His disciples were hungry and began to pick and eat some heads of grain. <sup>2</sup>When the Pharisees saw this, they said to him, "See, your disciples are doing what is not lawful to do on the Sabbath."<sup>3</sup> He said to them, "Haven't you read what David did when he and those who were with him were hungry: <sup>4</sup>how he entered the house of God, and they ate the bread of the Presence—which is not lawful for him or for those with him to eat, but only for the priests? <sup>5</sup>Or haven't you read in the law that on Sabbath days the priests in the temple violate the Sabbath and are innocent? <sup>6</sup>I tell you that something greater than the temple is here. <sup>7</sup>If you had known what this means, **I desire mercy and not sacrifice**, you would not have condemned the innocent. <sup>8</sup>For the Son of Man is Lord of the Sabbath."

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<sup>9</sup>Moving on from there, he entered their synagogue. <sup>10</sup>There he saw a man who had a shriveled hand, and in order to accuse him they asked him, "Is it lawful to heal on the Sabbath?" <sup>11</sup>He replied to them, "Who among you, if he had a sheep that fell into a pit on the Sabbath, wouldn't take hold of it and lift it out? <sup>12</sup>A person is worth far more than a sheep; so it is lawful to do what is good on the Sabbath." <sup>13</sup>Then he told the man, "Stretch out your hand." So he stretched it out, and it was restored, as good as the other. <sup>14</sup>But the Pharisees went out and plotted against him, how they might kill him.

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### The Sabbath Parable

Matthew 12:11-12

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Religion Ruins the Sabbath

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Sunday Is Not the Sabbath

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Religion Ruins the Sabbath  
 Sunday Is Not the Sabbath

Colossians 2:16-17  
 16 Therefore, don't let anyone judge you in regard to food and drink or in the matter of a festival or a new moon or a Sabbath day.  
 17 These are a shadow of what was to come; the substance is Christ.

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 Sunday Is Not the Sabbath

Constantine – 321 A.D. issued an edict: "On the venerable day of the Sun let the magistrates and people residing in cities rest, and let all workshops be closed."  
 The Westminster Confession – 1643: "Sunday is the Christian Sabbath."  
 The Pilgrims and Puritans – Outlawed work on Sunday, the Sabbath. They outlawed dancing, recreation, and even the showing of affection to one's spouse on Sunday.

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RELIGIOUS LEGALISM

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 Sunday Is Not the Sabbath  
 Jesus Fulfilled the Sabbath

Matthew 5:17  
 "Don't think that I came to abolish the Law or the Prophets. I did not come to abolish but to fulfill."

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Hebrews 4:9-10  
 9 Therefore, a Sabbath rest remains for God's people. 10 For the person who has entered his rest has rested from his own works, just as God did from his.

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Ephesians 2:8-9  
 8 For you are saved by grace through faith, and this is not from yourselves; it is God's gift— 9 not from works, so that no one can boast.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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### **Sabbath Principle to Follow:**

You should maintain a healthy balance of work and rest.

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