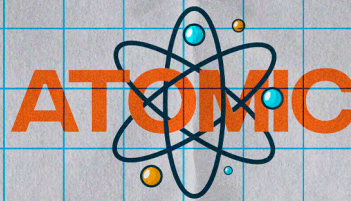


WEEK 2

SMALL GROUP GUIDE



Habits! We all have them, so let's talk about them. Whether you've got good habits (like getting enough sleep or remembering to floss) or bad habits (like biting your nails or checking your phone too often), most of your habits are probably small, tiny, hardly noticeable habits. But over time, those tiny habits can really impact your life, for good or bad. So what about your spiritual habits? What are the small things you do every day that either draw you closer to God or keep you at a distance? In this 4-week series, we'll discover some principles from Scripture that have the power to help you develop tiny habits that can make a big impact – habits like **spending time with God, investing in your relationships, sharing your faith story, and worshipping with your life.**

THIS WEEK

THE BIG IDEA

Make it a habit to invest in your relationships.

THE BIBLE

John 15:9-13; Ecclesiastes 4:9-12;
Proverbs 27:17

- **What's a song that always makes you feel energized?**
- **What are some of the things that drain your energy throughout the day?**
- **When you're tired or in a bad mood, who are the easiest people for you to be impatient with? Why is that?**
- **When you're tired or in a bad mood, how do you tend to treat people?**
- **Who are some of the people who are investing in you? How are they doing that?**
- **Who are some of the people you're investing in? How are you doing that?**
- **What are some specific ways we can make investments in each other this week?**
- **Read Proverbs 27:17. What does this mean? What are some ways our group can do a better job of "sharpening" each other?**
- **In your opinion, what percentage of your relationships should be with people who share your beliefs? Why do you think so?**
- **This week, what's one habit you want to develop to help you invest in your relationships? How will you do it?**

ACTIVITY

Bring Monopoly money to small group (or make your own with scrap paper) and give each person 10 bills. Together, brainstorm specific ways you can invest in your friends and family. Have students write one "investment strategy" on each bill. Then challenge them to "spend" that money on people they love this week.