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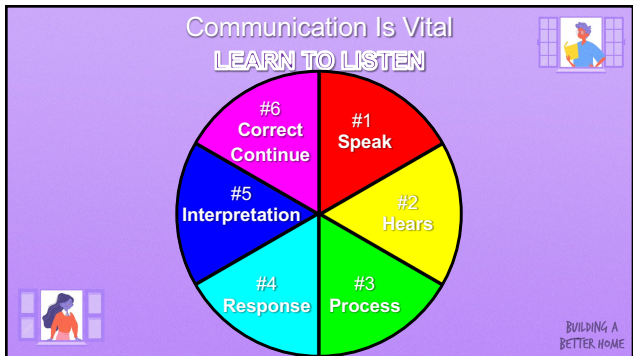
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6

Communication Is Vital  
LEARN TO LISTEN

#6 Correct Continue: "That's not what I said."  
 #1 Speak: "I'm really concerned about our finances."  
 #2 Hears: The sound waves reach his ears.  
 #3 Process: "She thinks we're broke."  
 #4 Response: "So you don't think I make enough money?"  
 #5 Interpretation: "He didn't understand me."

BUILDING A BETTER HOME

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Communication Is Vital  
LEARN TO LISTEN

#6 Correct Continue: "I'm afraid because we aren't following a budget."  
 #1 Speak: "I'm really concerned about our finances."  
 #2 Hears: The sound waves reach his ears.  
 #3 Process: "She is concerned about our finances."  
 #4 Response: "What is it you're concerned about?"  
 #5 Interpretation: "He has correctly understood me."

BUILDING A BETTER HOME

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Communication Is Vital  
WATCH YOUR WORDS

*Ecclesiastes 5:3*  
A fool's voice comes with many words.

*Psalms 141:3*  
Lord, set up a guard for my mouth; keep watch at the door of my lips.

BUILDING A BETTER HOME

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Communication Is Vital  
WATCH YOUR WORDS  
Judgmental

*Proverbs 12:18*  
There is one who speaks rashly, like a piercing sword.

You always. You never. I told you so. It is your fault.  
 You are always in a bad mood. All you ever do is complain.  
 I can't do anything to please you. Why don't you ever listen to me?  
 What were you thinking? If you don't like it, you can just leave.  
 That was stupid. All you ever do is think about yourself.  
 You always have to be right. It's always my fault.

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Communication Is Vital  
WATCH YOUR WORDS  
Judgmental

**GOING BACK TO THE PAST**

BUILDING A BETTER HOME

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Communication Is Vital  
WATCH YOUR WORDS  
Judgmental  
Harsh

That is dumb. You wouldn't understand if I told you.

**You Are Attacking Their Self-Worth**

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Communication Is Vital  
**WATCH YOUR WORDS**  
 Judgmental  
 Harsh  
 Bully

**I will not allow this.**      **I demand that you do this or that.**

**If you do that one more time, you are going to be sorry.**

**Try that again and see what happens.**


**Physical Force, Pouting,  
 Controlling the Finances, Withholding Affection**




13

Communication Is Vital  
**WATCH YOUR WORDS**  
 Judgmental  
 Harsh  
 Bully  
 Compare

**Why aren't you like so-in-so?**




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14

Communication Is Vital  
**WATCH YOUR WORDS**  
 Judgmental - Complimentary  
 Harsh - Compassionate  
 Bully - Caring  
 Compare - Confirming





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15

Communication Is Vital  
**CONTROL THE CONFLICT**  
 How do You Control Conflict in the Home?

**Not By Running Away**  
**Not By Giving Up**  
**Not By Getting Angry**

*Proverbs 29:11  
 A fool gives full vent to his anger, but a wise person holds it in check.*




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Communication Is Vital  
**CONTROL THE CONFLICT**  
 How do You Control Conflict in the Home?

**Learn When Most Arguments Happen**

**Watch Your Tone**  
**Keep It Private**  
**Be Willing to Change**  
**Accept the Differences**  
**Look for a Compromise**




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Communication Is Vital

**Matthew 15:18  
 What comes out of  
 the mouth comes  
 from the heart.**




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