

IS THERE
HOPE
When You Feel Like Giving Up
1 Kings 19:1-18

1

When You Feel Like Giving Up
Romans 15:4
For whatever was written in the past was written for our instruction, so that we may have **hope** through endurance and through the encouragement from the Scriptures.

HOPE

IS THERE HOPE?

2

When You Feel Like Giving Up
Victories Don't Mean You Won't Have Battles

1 Kings 19:1-3
1 Ahab told Jezebel everything that Elijah had done and how he had killed all the prophets with the sword. 2 So Jezebel sent a messenger to Elijah, saying, "May the gods punish me and do so severely if I don't make your life like the life of one of them by this time tomorrow!" 3 Then Elijah became afraid and immediately ran for his life. When he came to Beer-sheba that belonged to Judah, he left his servant there.



IS THERE HOPE?

3

When You Feel Like Giving Up
Discouragement Can Lead to Depression

1 Kings 19:4
but he went on a day's journey into the wilderness. He sat down under a broom tree and prayed that he might die. He said, "I have had enough! **Lord, take my life**, for I'm no better than my ancestors."

Depression Will Try to Get You to Make a Permanent Decision During Temporary Discouragement



IS THERE HOPE?

4

When You Feel Like Giving Up
You Need a Healthy Lifestyle

1 Kings 19:5-8
5 Then **he lay down and slept** under the broom tree. Suddenly, an angel touched him. The angel told him, "**Get up and eat.**" 6 Then he looked, and there at his head was a loaf of bread baked over hot stones, and a jug of water. **So he ate and drank and lay down again.** 7 Then the angel of the Lord returned for a second time and touched him. He said, "Get up and eat, or the journey will be too much for you." 8 So he got up, ate, and drank. Then on the strength from that food, he walked forty days and forty nights to Horeb, the mountain of God. 9 He entered a cave there and spent the night.

Healthy Lifestyle

Mark 6:31 Come away by yourselves to a remote place and **rest for a while.**

IS THERE HOPE?

5

When You Feel Like Giving Up
God Whispers Hope to You

1 Kings 19:11-13
11 Then he said, "Go out and stand on the mountain in the Lord's presence." At that moment, the Lord passed by. A great and mighty wind was tearing at the mountains and was shattering cliffs before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. 12 After the earthquake there was a fire, but the Lord was not in the fire. And after the fire there was a voice, a soft whisper. 13 When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Suddenly, a voice came to him and said, "What are you doing here, Elijah?"

GOD WHISPERS

IS THERE HOPE?

6

When You Feel Like Giving Up
God Whispers Hope to You

John 16:33
I have told you these things so that in me you may have peace. You will have suffering in this world. Be courageous! I have conquered the world.

JESUS IS SPEAKING TO YOU TODAY

IS THERE HOPE?

7

When You Feel Like Giving Up
Discouragement Lies and Says You're All Alone

1 Kings 19:10, 14
L alone am left and they're looking for me to take my life.

1 Kings 19:18
But I will leave **seven thousand** in Israel—every knee that has not bowed to Baal and every mouth that has not kissed him."

YOU ARE NOT ALONE

IS THERE HOPE?

8

When You Feel Like Giving Up
Discouragement Lies and Says You're on Your Own



GLADIATOR

"Whatever comes out of these gates, we have a better chance of survival if we work together."

1 Peter 5:8 The devil is prowling around like a roaring lion.

IS THERE HOPE?

9

**When You Feel Like Giving Up
God Is Not Through With You**

1 Kings 19:15-18

15 Then the Lord said to him, "Go and return by the way you came to the Wilderness of Damascus. When you arrive, you are to anoint Hazael as king over Aram. 16 You are to anoint Jehu son of Nimshi as king over Israel and Elisha son of Shaphat from Abel-meholah as prophet in your place. 17 Then Jehu will put to death whoever escapes the sword of Hazael, and Elisha will put to death whoever escapes the sword of Jehu. 18 But I will leave seven thousand in Israel—every knee that has not bowed to Baal and every mouth that has not kissed him."



NEVER GIVE UP

IS THERE HOPE?

10